





Recovery Support Groups

Peer Support Drop-in Hours at Turning Point location M-F 8M to 3PM / Saturday & Sunday 8AM to 5PM

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Foundation Group AA-12 Step (9AM-10AM)	Veterans Recovery Support Group (10AM-11AM)		Grief Recovery Group Dealing with loss @ Lakes Center Murray, KY (9AM-10AM)		MARA Medication-Assisted Recovery <i>One Size Does Not Fit All</i> (9AM-10AM)	The Foundation Group AA-12 Step (9AM-10AM)
The Bedrock Group NA-12 Step (Noon-1PM)	Parents & Friends of Addicted Loved Ones Support Group (Noon-1PM)		 SMART Recovery® Science-based @ Lakes Center Murray, KY (Noon-1PM)		Strong of Purpose All Women's Recovery Group @ CSAS Paducah, KY (10:30AM-11:30AM)	 SMART Recovery® Science-based Support Group (Noon-1PM)
 SMART Recovery® Science-based Support Group (2PM-3PM)	The Bedrock Group NA-12 Step (2PM-3PM)		The Alliance LGBTQ+ Recovery Group @ Paducah LGBT Welcome Center (2PM-3PM)		Grief Recovery Group Dealing with loss (2PM-3PM)	R & R Resilience in Recovery Dual Recovery Group (2PM-3PM)
W.O.W Women of Worth All Women's Support Group (4PM-5PM)						The Bedrock Group NA-12 Step (4PM-5PM)
			 YPR Young People in Recovery All Pathways to Recovery (8PM-9PM)			

Paducah LGBT
Welcome Center
413 Broadway St
Paducah, KY 42001
(270) 408-5428

Lakes Center
FRBH-Murray
1051 N 16th St B,
Murray, KY 42071
270.753.6622

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